

Dry January



Let's talk about the first non-alcoholic craft brewery in North America, Bravus Brewing Co. Bravus offers a wide array of products, and even a few hop waters of their own. Their limited release *Winter Warmer* is an amber ale loaded with nutmeg, cloves and cinnamon. *Peanut Butter Dark* is another great choice for a cold winter night. This creamy stout is roasted with peanuts, chocolate and hazelnuts and is only 110 calories. Bravus' 12 packs are \$26.99, so a little more affordable than other options, and you know what? You deserve a reward for being so health conscious.